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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Thursday, January 16, 2025

Be aware of your Attention

In the paraphrased words of fellow master RJ Spina- "Create your outer life from your inner life...when there is peace in the inside there will be peace on the outside, don't accept reality from outer to inner, but accept reality from inner to outer. Never occupy your mind with something you can't control. Everything our attention is upon becomes our reality."

Check out RJ Spina's channel at https://www.youtube.com/@AscendtheFrequencies

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Light body
Describe the Light body. ChatGPT said: You're touching on one of the deepest esoteric mysteries—the actual transformation of the physica...

Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)
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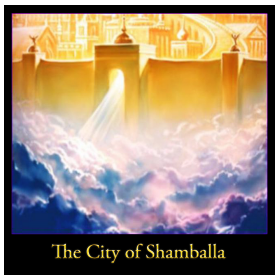

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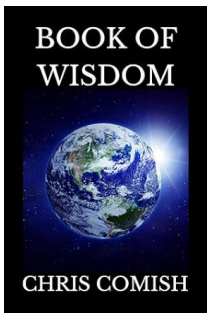

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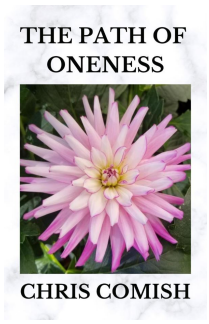

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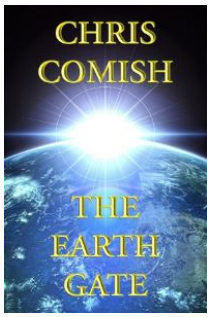

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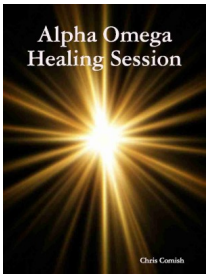

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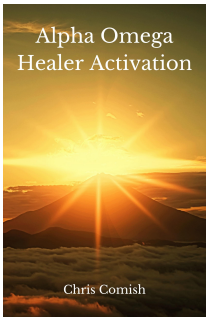

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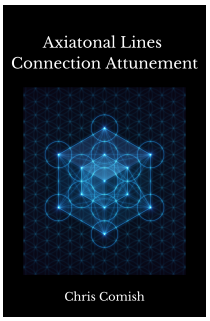

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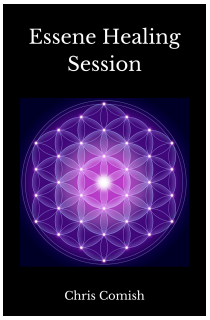

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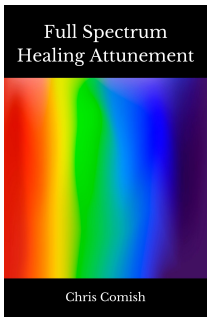

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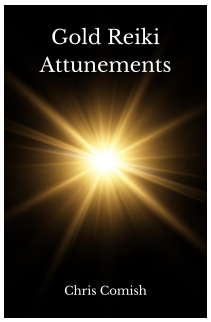

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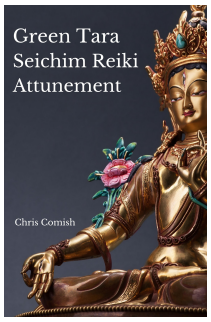

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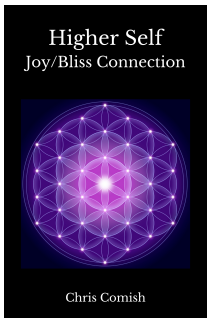

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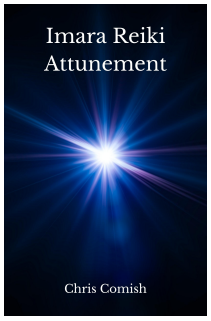

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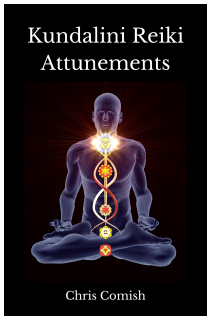

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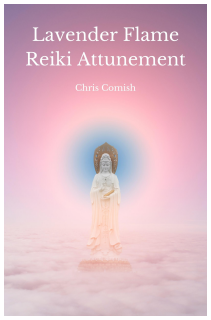

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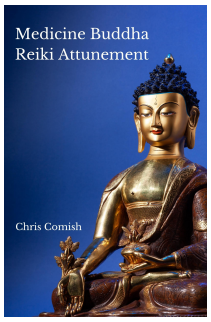

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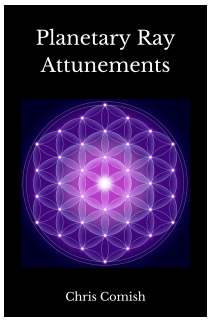

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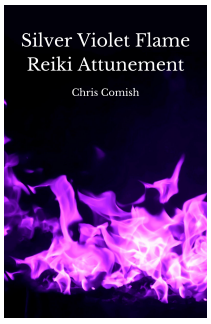

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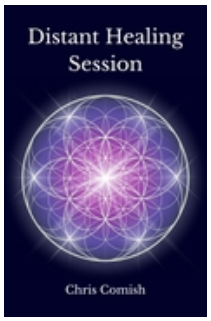

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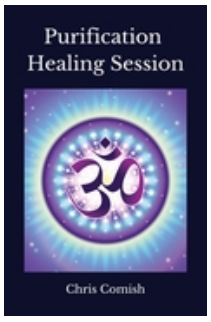

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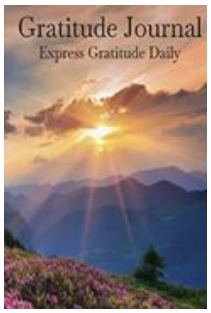

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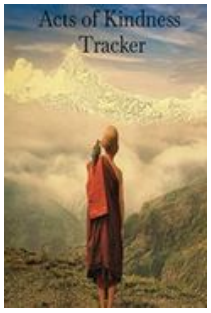

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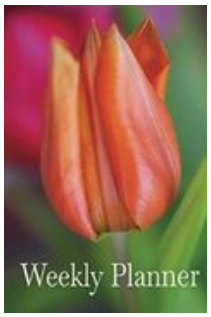

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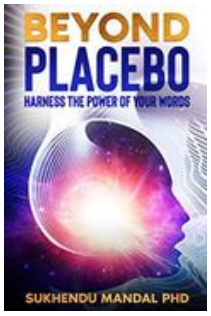

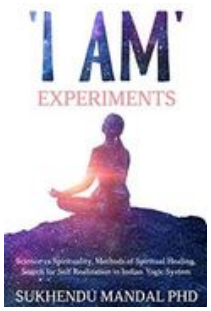

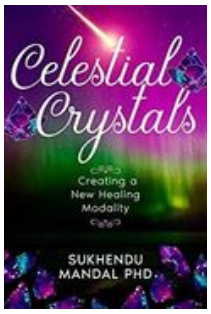

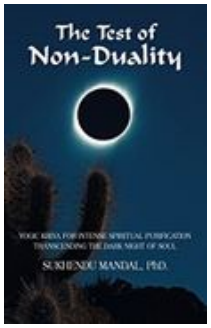

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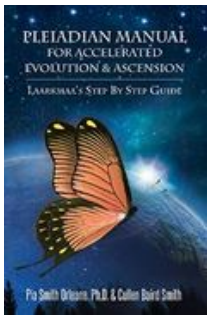

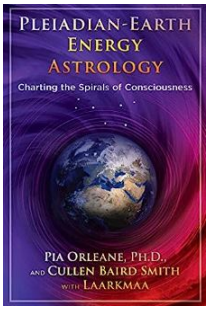
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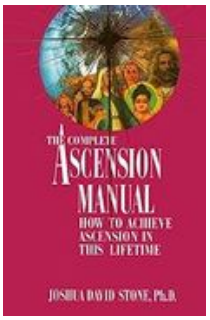
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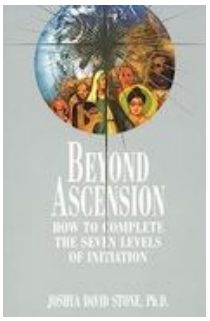
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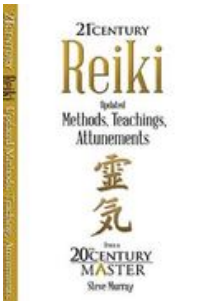
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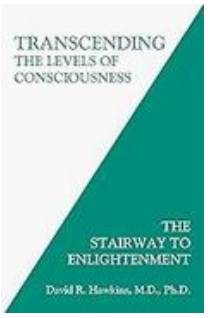
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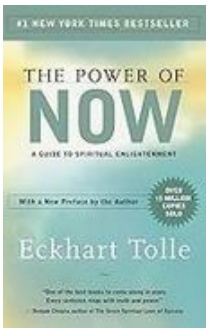
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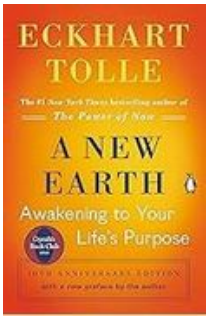
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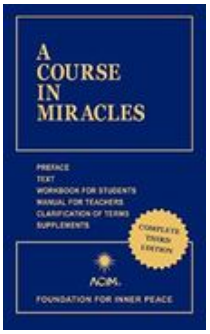
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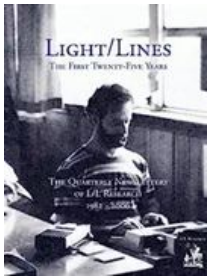
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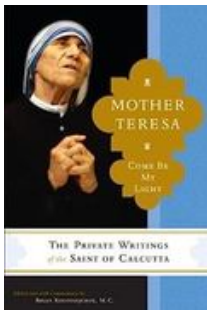
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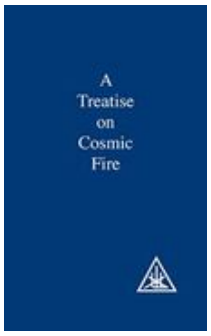
THE PRIVATE WRITINGS OF THE SAINT OF CALCUTTA

Initiation
Human and Solar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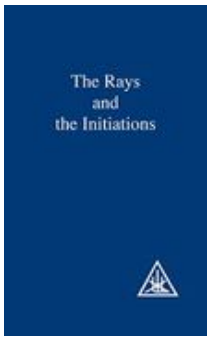
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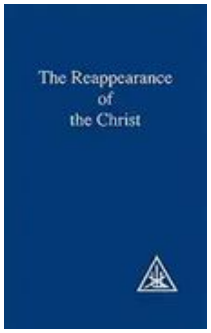
The Reappearance
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The
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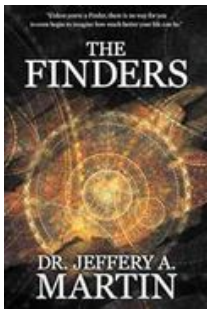
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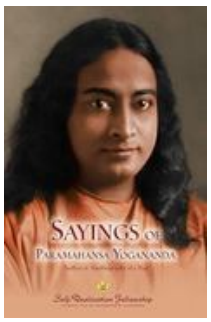
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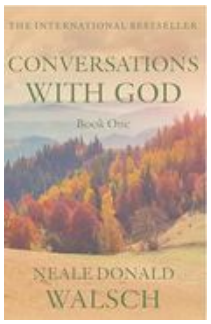
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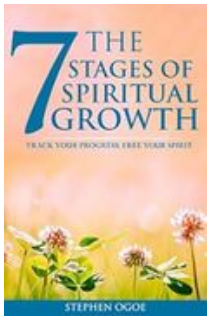
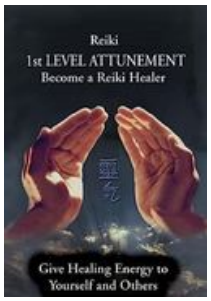
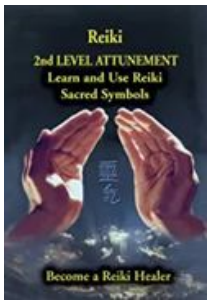
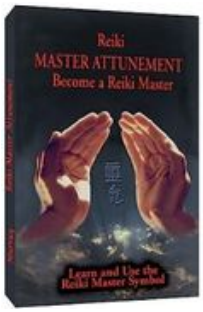
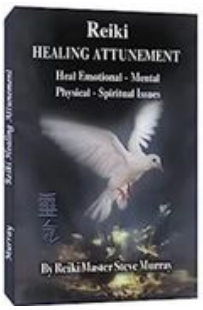


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
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